

Best Practice 1: Adoption of a local school for mentoring

Title of the best practice: **Adoption of a local school for mentoring**

Objectives of the practice: **Extension of improved facilities for the Schools of local community**

Context: The College not only confines its role to impart education to its students but also tries to bring forth the issues faced by them during the early phases of their primary education. A counselling session was conducted with the students of the schools and it was found that most of the students are first generation learners of their respective localities and are facing very tough times in acquiring the quality education.

Practice: The College as part of its social responsibility has adopted a Middle school Mathindoo which is located in a far-flung area & lacks basic facilities for their daily sustenance and acquiring of quality education. The aim is to provide logistic support, sports and laboratory facilities to its students so that some sort of yearning is aroused in their minds regarding their future plans of education. The college with an aim to act as mentor for the adopted school provided a platform to these young students to improve their curricular and co-curricular skills by familiarizing them with novel and advanced methods of learning by providing the ICT based equipment's like computers and sports items .It is also pertinent to mention that on the very first visit to this school, it was found that the school lacks the basic requirement of student furniture even for their elementary class students. It was as such decided by the college advisory committee to help the institute in augmenting this school with basic infrastructure, sports equipment and computers. To provide a little exposure to the students of the said school a picnic was organized for the students of this far-fling school to Srinagar city. In short such collaboration has enhanced the educational outcomes through resource sharing, exposure exchange, access to educational resources and mentorship. It has somehow bridged the educational gap and created supportive networks for the teachers and students of this rural area

Evidence of success:

1. The continuance of the practice is a success in itself and students are getting benefitted by it.
2. Adopting these schools has led to the success by fostering a sense of community, promoting mutual learning and providing valuable resources.
3. College involvement has enhanced educational opportunities for the students, infrastructure and created positive learning environment

Problems encountered:

1. Lack of transport facility to carry the students from school to college is a problem.
2. Mobilization of funds
3. Resource limitation

Best Practice 2: **Provisioning of college playground for sports activities**

Title of the best practice: **Provisioning of college playground for sports activities to the nearby schools and villages**

Objectives of the practice: **Improving facilities for the nearby schools & villages for organising sports activities**

Context: The College not only confines its role to impart formal education to its students but strives hard to provide the helping hand for the overall development of the students /youth of the area. Being hilly area there are no flat surfaces to act as playgrounds for the schools and other villages.

Practice: The area being hilly is having very limited flat space and there are no playgrounds available in any of the schools or the nearby villages. The college being the only location in the whole area having a good sports infrastructure in terms of playing ground and other necessary sports equipment's . Hence the college playground is utilized by nearby schools and youth of the area to organize different sports activities. Besides using the playground they are getting training from the professional and qualified Physical training instructor of the college which reflects a positive community engagement and sharing of resources. This practice not only benefits the college but also fosters a sense of collaboration and well-being in the surrounding areas. It exemplifies a positive collaboration between the educational institution and the local community. This sharing of resources not only promotes physical activity but also fosters a sense of inclusivity and community well-being. It showcases a commendable effort by the college to contribute positively to the lives of those in the neighbouring villages, creating a mutually beneficial relationship. The college has organized different activities like volley ball, cricket, badminton, shot-put, javelin, discuss throw, high jump and hockey penalty shootout activities with the nearby schools of the area. In short the shared playground serves as a platform for the talent development, encouraging physical activity and identifying individuals with athletic potential. It has resulted in the healthier lifestyle and holistic development of the youth in the nearby area

Evidence of success:

1. The youth of the area have progressively engaged with the sports activities
2. This activity has improved the physical health, enhanced social skills and increased academic performance
3. It promoted the overall well-being by fostering a holistic approach to education

Problems encountered:

1. Scheduling conflicts of the events, wear and tear of the facilities.
2. Maintenance of the playground
3. Overcrowding on holidays leading to damage of the college property.

Supporting Documents for 7.2.1

Best Practice 01:

Adoption of a local school for mentoring

Best Practice 02:

Provisioning of college playground for sports activities



Office of the Principal
Government Degree College

Valloo Larnoo Anantnag
Email: gdc.larnoo@gmail.com




GDCVL/22/ 736(A)

Dated: 26/12/2022

Adaptation of Govt. Middle School Malikpora Mathindoo

The undersigned has approved the adaptation of M/S Malikpora Mathindoo for strong foundation in the field of education in this far flung area. The college will provide necessary handholding in improving the quality education, teaching and learning infrastructure, health and hygiene, sports and also make efforts at beautification of school premises. The college NSS Unit and Unnat Bharat Abhiyan Cell will work in close coordination with school authorities to improve the basic necessities for optimal teaching learning atmosphere.


Dr. Syed Tanvir-Indrabi
Principal
Valloo Larnoo, Kashmir





Office of the Principal
Government Degree College
Valloolamoo Anantnag
Uthayam



Memorandum of Understanding (MoU)

The Govt Degree College Valloolamoo and the Middle School Malikpora Mathindoo declare that it is our mutual aim to provide the quality education to all students of the far flung area Mathindoo.

The Memorandum of Understanding (MoU) between both the parties for overall development of the area in education sector is hereby signed today on 26/12/2022

Principal
Govt. Degree College Valloolamoo

Headmaster
M/S Malikpora Mathindoo



Minutes of Meeting

Meeting Date: 24-03-2023

A meeting regarding the adopted school (GMS MalikPora Mathindoo) was held in the office chambers of the worthy Principal. The following points were put forth by the members of the committee :

1. The School will be provided with Desktop computers for the use of students. The college already having good number of used low configuration computers.
2. The School will be provided with sports equipment in order to augment the sports facilities in the adopted school.

The following members attended the meeting

- Prof. Marifat Akhter
- Prof. Arshad Majid
- Prof. Firdose of Mir
- Prof. Abdul Mannan
- Prof Rouf Ahmad
- Prof Faizan Ahmd Malik.
- Dr Raof Ahmad Bhat
- Dr Mohd Tahir Pandit

Submitted for Approval



Gyadonvir
Principal
GMS Malik Pora Mathindoo
Vailoo Larnoo, Kashmir


Note for Submission

In reference to the meeting dated 24-03-2023 regarding the adopted school GMS Malikpora Mathindoo the advisory committee decided that following items will be provided to the adopted school.

1. Desktop Computers-02.
2. Sports Equipments
 - Badminton Rackets-01 Pair
 - Cricket Bat-01
 - Balls (Cosco)-1 box
 - Skipping Ropes.02
 - Volley Ball-01
 - Hand Ball-01

The items will be delivered to the school on 27/03/2023 also the computers will be installed on site.

Submitted for Approval


Principal
Govt. Degree College
Dh. Syed Tanvir Habib





Government of Jammu & Kashmir
OFFICE OF THE HEADMASTER



GOVERNMENT MIDDLE SCHOOL

U-Dise Code : 01061602405

MALIKPORA MATIHINDOO (ZONE VAILOO)

Ref. No. :- MSM/Edn-15/2023

Dated 28.03.2023

Handwritten notes: "Handwritten notes" and "27/3/23"

Receipt

This office received following items from
Govt. Degree college Vailoo Larnoo, today
on 27/03/2023.

S.No.	Item name	No.
01	Volley ball	01
02	Hand ball	01
03	Badminton Racket	1 Pair
04	cricket Bat	01
05	Skipping ropes	02
06	Shuttle cock	1 Box
07	Nevia Balls	1 Box
08	Computer system (HP Pavilion) (HP 13)	2

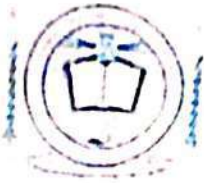
Submitted in original to worthy Principal
GDC Vailoo Larnoo for information

Handwritten signature of Headmaster

Headmaster
Govt. Middle School
Malikpora (Matihindoo)

Headmaster.





Department of Physical Education & Sports Government Degree College

Vailoo Larnoo Anantnag

Email: gdclarnoo@gmail.com



Dated: 02/04/2022



Press Release

ONE WEEK BADMINTON COACHING CAMP

Department of Physical Education & Sports, Govt. Degree College Vailoo Larnoo organized One Week Badminton Coaching Camp for schools of Block Larnoo under Talent Identification Programme from 26/03/2022 to 01/04/2022. The weeklong camp got an overwhelming response from schools in which 20 plus participants took part.

Dr. Naseer Hussain, Principal of the college welcomes all the participants and teachers from different schools. Dr. Hussain informed the gathering that such events would be helpful in channelizing the surplus energy of youth in a positive way and will go a long way in keeping them away from the menace of drugs. He further asserted that these types of activities would continue in future by involving schools of the area under best practices of the institution.

Raof Ahmad Bhat, Ph.D, Head Department of Physical Education & Sports conducted the proceedings of the weeklong event in which participants go through the basics/fundamentals of badminton game. Participants from both genders took part in the event. It was worth to emulate the sight of their strength and the overwhelming enthusiasm & keenness to play was no less captivating.

To recognize & appreciate the valuable efforts of our participants and to celebrate their sweat and hard work a closing ceremony was held in which participants were given away medals and certificates of participation. Firdose Ahmad Mir, Assistant Professor EVS extended vote of thanks by thanking all the schools for their cooperation and participation.

Naseer Hussain
Principal
Govt. Degree College
Vailoo Larnoo, Anantnag

Raof Ahmad Bhat
Raof A. Bhat, Ph.D





Office of the Principal
Government Degree College
Vailoo Larnoo Anantnag
Email: gdclarnoo@gmail.com

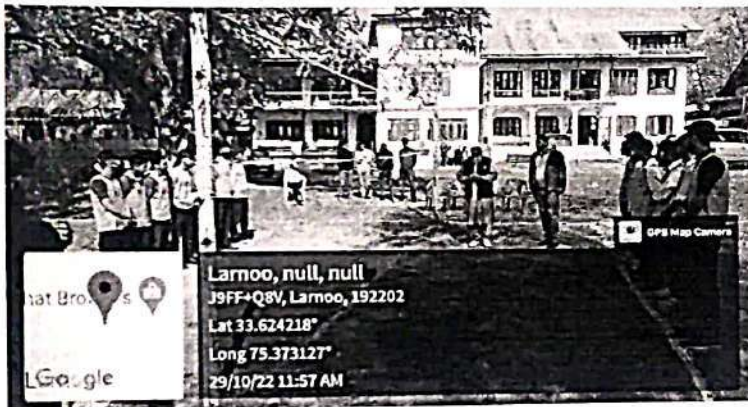


Date: 30-10-2022

REPORT

Under the banner of AZADI KA AMRIT MAHOTSAV, Department of Physical Education & Sports of the College organized an extramural volleyball match with Higher Secondary School Nowbugh. The event was innaugrated by worthy Principal, Dr. Syed Tanvir Indrabi with a brief message to participants that participating in sports events makes one discliplned and develop team sprit among youth. He further asserted that organizing such kind of events is the need of the hour to channelize the surplus energy of youth in a postive way and will go a long way in keeping them away from meance of drugs.

Govt. Higher secondry school nowbugh won the match by winning straight two sets by 25-20 and 25-23.



Dr. Syed Tanvir Indrabi
SD/
Dr.Syed Tanvir Indrabi
Principal





Dated: 29/08/2023

REPORT

Govt. Degree College Vailoo Larnoo, 29/08/2023: Department of Physical Education & Sports organized National Sports Day by organizing different sports activities from 21st August to 29th August, 2023 such as Volleyball, Cricket, Badminton, Shotput, Javelin, Discuss throw, High Jump and Hockey Penalty shootout. On final Day (29th August, 2023) a long day sports festival was organized in which 100 athletes from different schools and host institution participated. A basic introduction regarding the fundamentals/ basics of badminton, volleyball, high jump, Shotput, discus and javelin were given to young athletes from schools of block Larnoo. The day long sports festival was inaugurated by worthy Principal Dr. Syed Tanvir Indrabi by welcoming the athletes and stressed on the need to regularly participate in sports activities for a healthy living and good academic achievement, as scientific literature has indicated that regularly taking part in games and sports improve academic achievement. He also spoke about how sports can be helpful in preventing drug abuse among youth.

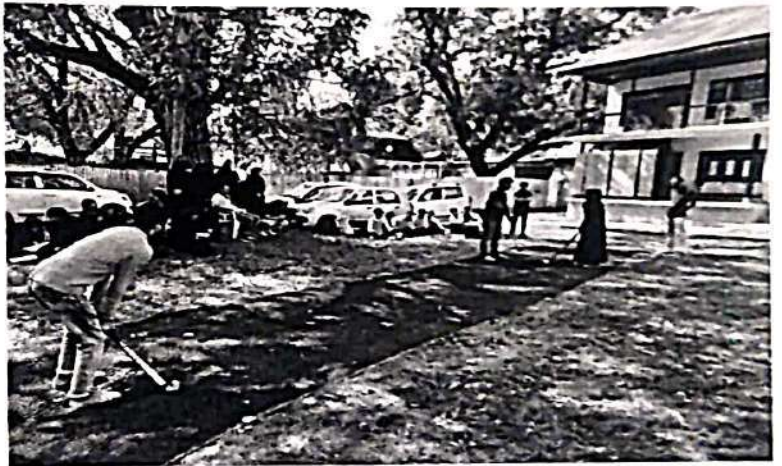
The proceedings of the daylong event were carried by Dr. Raof Ahmad Bhat, Head Department of Physical Education & Sports of the College.



Department of Physical Education & Sports
Government Degree College
Vailoo Larnoo Anantnag

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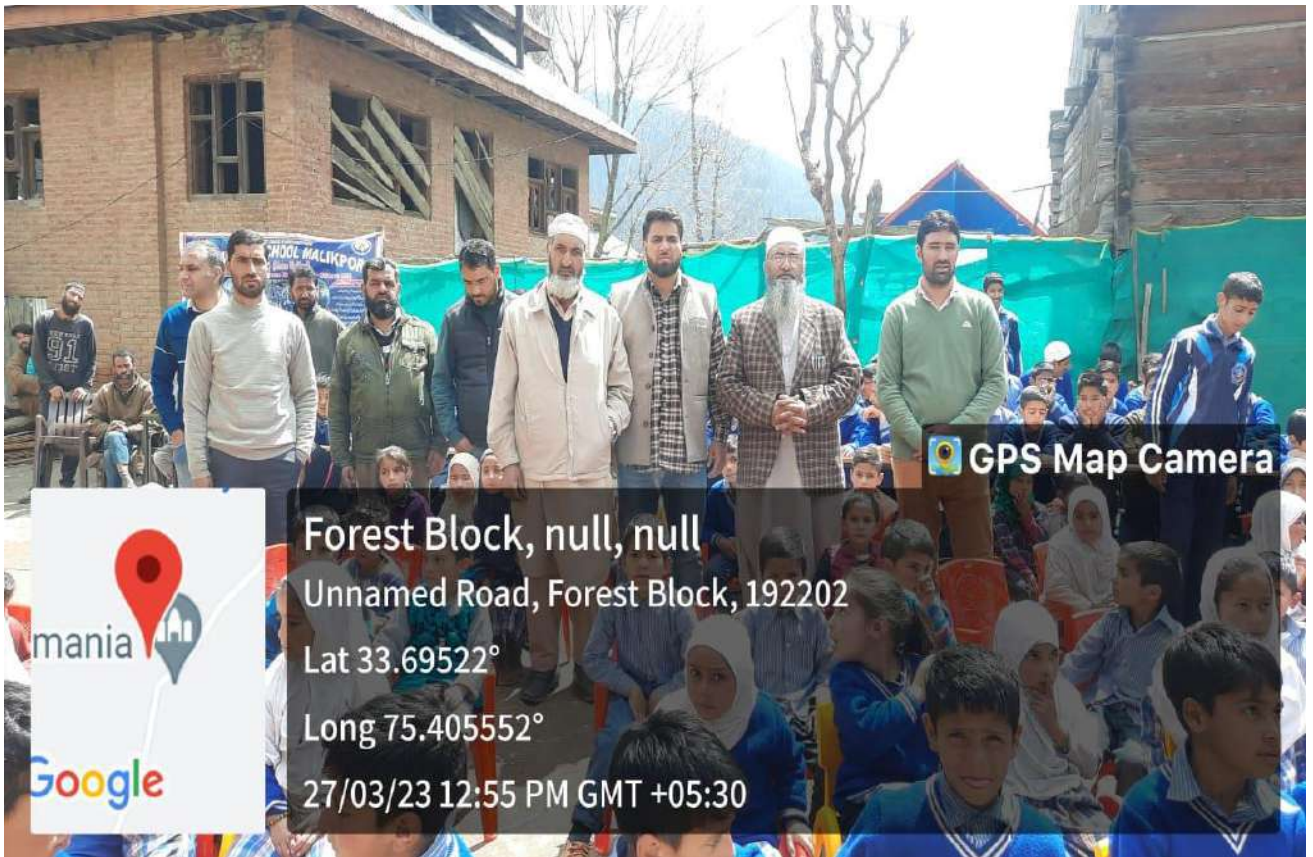
Dated: 29/08/2023



Dr. Raof Ahmad Bhat
29/8/23
Dr. Raof Ahmad Bhat



Best Practice 1: Adoption of a local school for mentoring (Photographs)







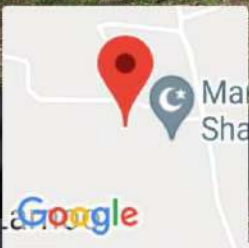
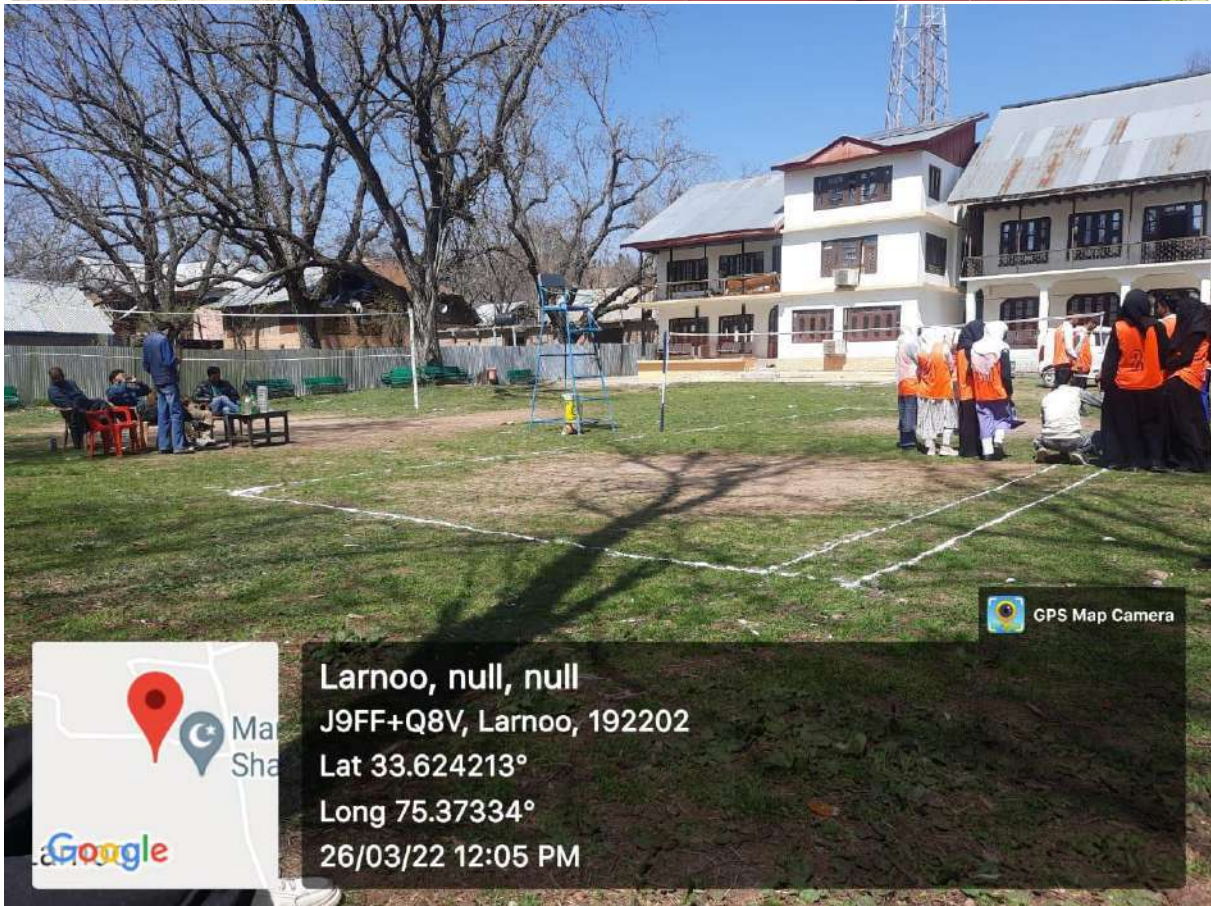
Best Practice 2: Provisioning of college playground for sports activities (Photographs)



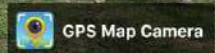


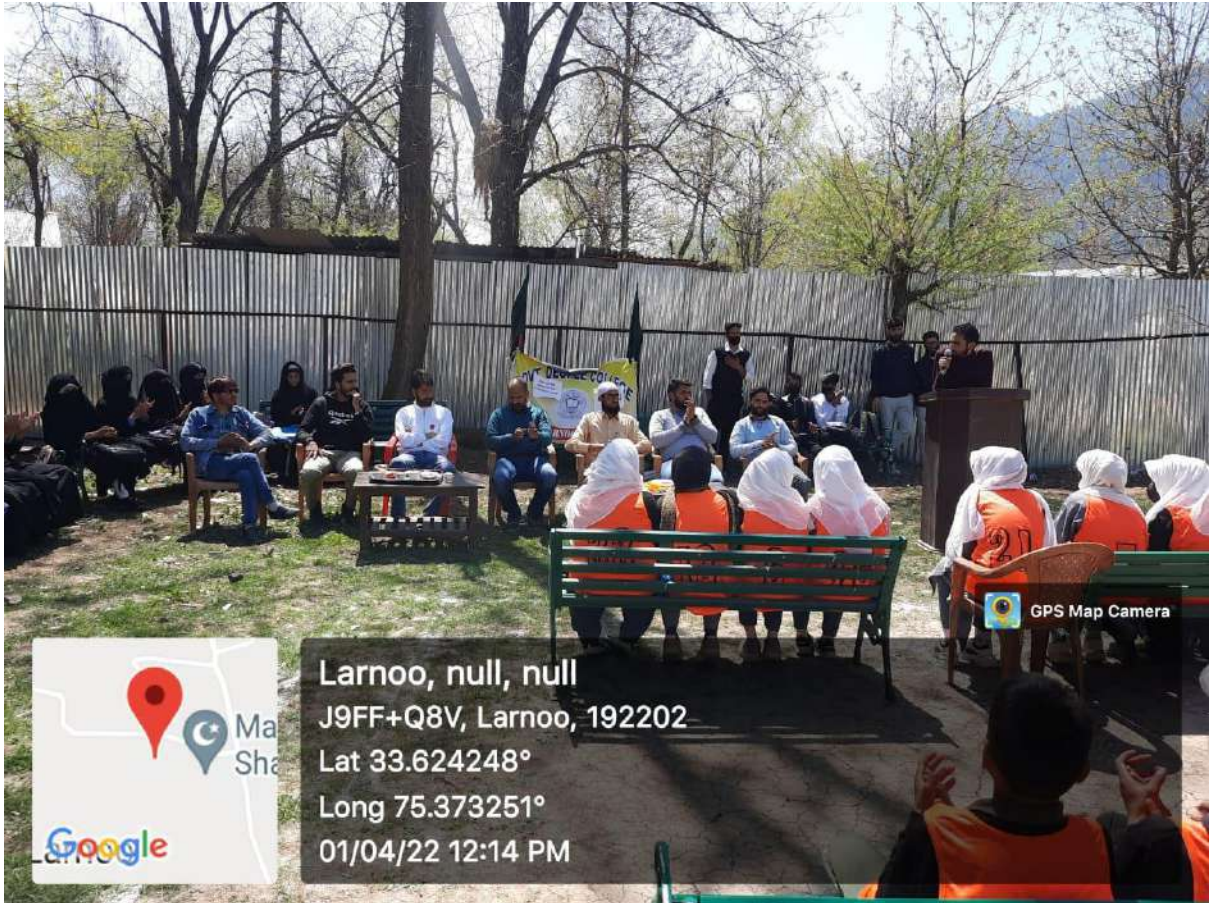
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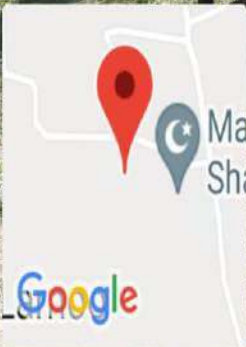
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