



EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB  
Government Degree College  
Vailoo Larnoo Anantnag

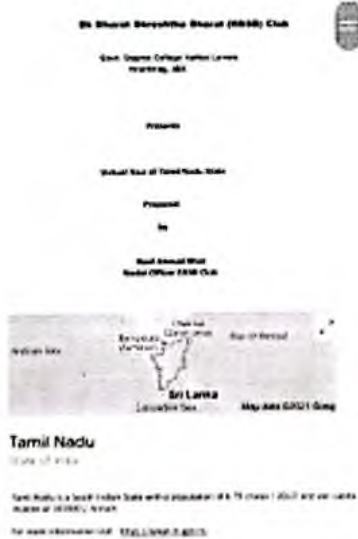
Email: gdclamoo@gmail.com



Report

EBSB Club, Govt. Degree College Vailoo Larnoo, Anantnag organized a Virtual Tour of Tamil Nadu State on 03/07/2021, 2021 under the banner of;  
"AZADI KA AMRIT MAHAUSTAV"

The programme was organized for students and members of EBSB Club, GDC Vailoo Larnoo with an aim to acquaint the student community with our paired state (Tamil Nadu) in EK Bharat Shreshtha Bharat programme. A general awareness regarding State Symbols, History, Cuisines Geography, Culture, Festivals, famous Places and Famous Persons of Tamil Nadu was covered in the virtual tour.



Principal  
Dr. Naseer Hussain



Raof Ahmad Bhat  
Nodal Officer EBSB Club



EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB  
**Government Degree College**  
**Vailoo Larnoo Anantnag**

Email: gdclarnoo@gmail.com



REPORT

EBSB Club, Govt. Degree College Vailoo Larnoo, Anantnag organized an Essay Competition on "GENDER BASED VIOLENCE UNDER LOCKDOWN" in view of World Population Day, 2021 under the banner of;

"AZADI KA AMRIT MAHAUSTAV"

The event saw an overwhelming response from participants of different Colleges of the Valley. A total of 37 participants registered for the event. *Zulakeha Gulzar Bhat* from Islamia College of Science and Commerce got the 1<sup>st</sup> position. *Aneesa Fayaz Bhat and Arveen* both students of Islamia College of Science and Commerce got the 2<sup>nd</sup> and 3<sup>rd</sup> Position, respectively. The organizing team and GDC Vailoo Larnoo are very much thankful to Principal, Islamia College of Science and Commerce, Prof. Sheikh Aejaaz Bashir for maximum participation of their students in the event and congratulate him and his students for bagging all the three positions in the essay competition.

**EBSB CLUB**  
Govt. Degree College Vailoo Larnoo

AZADI KA AMRIT MAHAUSTAV

# Essay Competition

On  
**"Gender Based Violence under Lockdown"**

EBSB Club, GDC Vailoo Larnoo, Anantnag is going to organize an essay competition in view of World Population Day, 2021. Desirous students can register themselves on given link by 15<sup>th</sup> of July, 2021.  
 Registration Link: <https://forms.gle/y3AUjDoo3eYnV3ACA>

**Submission Deadline**  
 16<sup>th</sup> July, 2021, 6:00 pm

Open to all colleges of J&K  
 Word limit: 600-800 words  
 Shortlisted will be presented in every participant

Patron  
 Dr. Naseer Hussain Shah  
 Principal

Convener  
 Raaf Ahmad Bhat  
 Nodal officer EBSB

Send your essays to [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)

Principal  
 Dr. Naseer Hussain

Raaf Ahmad Bhat  
 Nodal Officer EBSB Club

Arshid Majid Rather  
 Evaluator





Department of Higher Education J&K (UT)  
**GOVERNMENT DEGREE COLLEGE VAILOO LARNOO**



**TO COMMEMORATE  
"AZADI KA AMRIT  
MAHOTSAV"**

*"Celebration of India's 75 years of Independence"*

**DEBATES & SEMINAR  
COMMITTEE IN  
COLLABORATION WITH  
EBSB CLUB**

*organizes*

**ESSAY  
COMPETITION**



First three position holders will be awarded a certificate of merit. Other participants will receive the certificate of participation.

*On*  
**Unity in Diversity**

Submit your entries using the link  
<https://forms.gle/juvJPuPa2ButkybD9>



The link will be open till 5:00 PM 14th Aug 2021

**PATRON**  
Dr Naseer Hussain Shah  
(Principal)

LAST DATE  
**14th**  
AUGUST, 2021



**CONVENER**  
Arshad Majid Rather  
(Head Department of Sociology)

**COORDINATOR**  
Raof Ahmad Bhat  
Convener EBSB

**ORGANISING SECRETARY**  
Abdul Mannan  
Coordinator IQAC

**HELP**

**CONTACT**

+91-7006189090  
+91-7006529743







**EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB**  
**Government Degree College**  
**Vailoo Larnoo Anantnag**

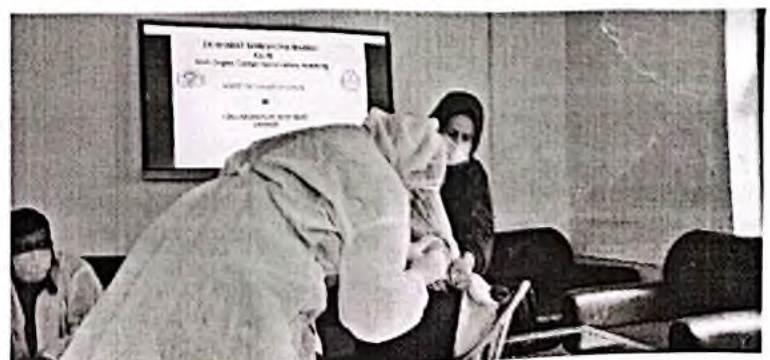
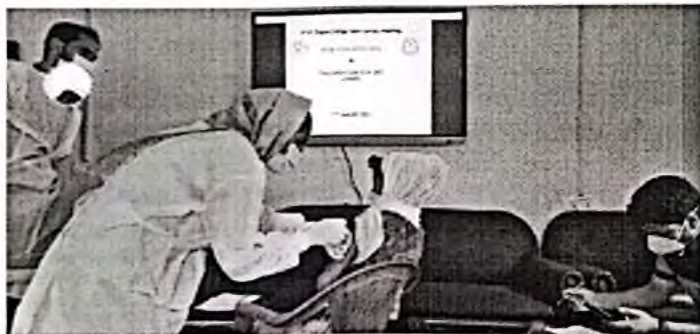
*Email: [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com) Pfi: +919419093980*

REPORT

Ek Bharat Shreshtha Bharat (EBSB) Club, Govt. Degree College Vailoo Larnoo, Anantnag conducted a **Mass Vaccination Drive** in Collaboration with Block Medical Officer Larnoo on 7<sup>th</sup> to 11<sup>th</sup> August 2021 under the banner of **AZADI KA AMRIT MAHAUTSAV (India@75)**.

Dr. Naseer Hussain, Principal formally inaugurated the aforesaid drive on 7<sup>th</sup> of August, 2021 by welcoming the concerned officials of Block Medical Office Larnoo. The worthy Principal gave stress on the need and importance of getting vaccinated to the students that would enable them in future to stay healthy and away from serious implications of Covid-19.

The vaccination drive received a fair support from the student community and a total of 90 per cent students were vaccinated during the drive. The drive concluded on 11<sup>th</sup> August, 2021 with a vote of thanks by Raof Ahmad Bhat, Nodal Officer EBSB Club by thanking Block Medical Officer Larnoo for deputing the team on all days for smooth and successful vaccination drive.







**RED RIBBON CLUB (RCC)**  
**Government Degree College**  
**Vailoo Larnoo Anantnag**

Email: gdclamoo@gmail.com



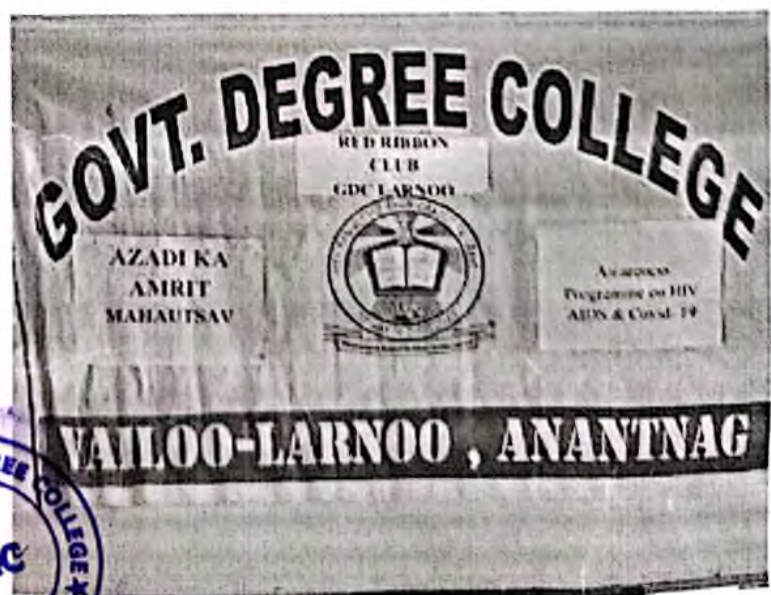
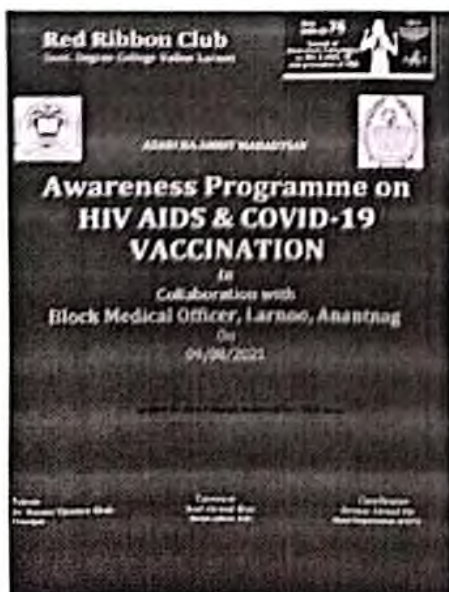
## REPORT

Red Ribbon Club, Govt. Degree College Vailoo Larnoo organized an awareness programme on HIV AIDS and Covid -19 in connection with AZADI KA AMRIT MAHAUTSAV (India@75). Dr. Ashraf Ahmad, Medical officer PHC Larnoo was the invited speaker of the event, received, heard and appreciated by the student community and faculty of the college.

Dr. Nasser Hussain Shah, Principal of the college in his welcome address welcomed the guest speaker and participants of the event and stressed on the importance of organizing these kinds of awareness sessions for greater good of the community in general and youth in particular. Acquainting youth and community about these issues will be a real tribute to the society, said Dr. Shah.

Dr. Ashraf while addressing the gathering presented an overview of captioned theme in Kashmir valley. Dr. Ashraf plainly explained to students regarding HIV AIDS and Covid-19 and asserted that prevention is better than cure. He also educated the participants regarding the preventive measure and stressed how college youth can act as ambassadors in advocating and promoting the awareness about these diseases. Dr. Ahmad cautioned the participants that substance abuse is the major responsible factor of Increasing HIV positive cases in Valley and remind them of their responsibilities as a member of the society in curbing this deadly disease. He also stressed on the importance of getting vaccinated and discarded the myths surrounding around the vaccine development and told participants that there is no scientific evidence supporting these myths.

The event was followed by a lively discussion and question answer session and concluded by vote of thanks by Raof Ahmad Bhat, Head Department of Physical Education & Sports and Nodal officer Red Ribbon Club of the college by thanking Dr. Ashraf and Block Medical Officer Larnoo for their time and necessary support in making the event a success.

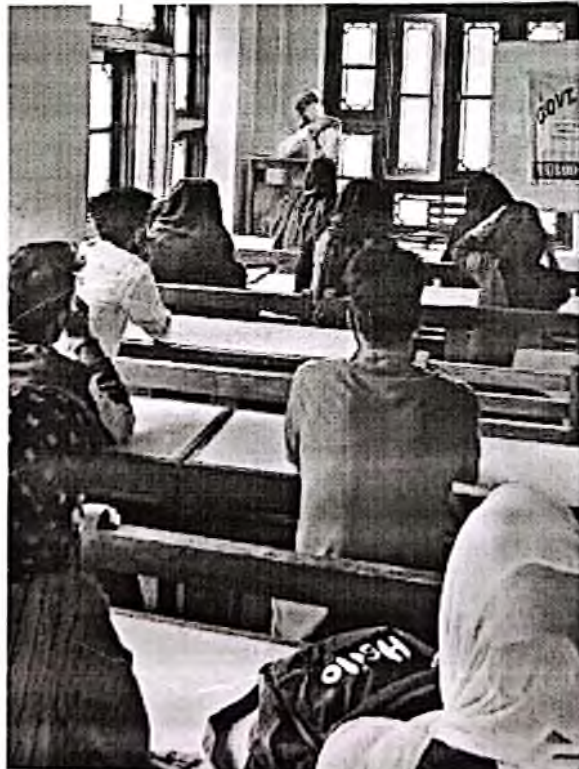






**RED RIBBON CLUB (RCC)**  
**Government Degree College**  
**Vailoo Larnoo Anantnag**

Email: [gdclamoo@gmail.com](mailto:gdclamoo@gmail.com)







# Government Degree College

VailooLarnooAnantnag

Email: [gdeclarnoo@gmail.com](mailto:gdeclarnoo@gmail.com)



## REPORT

07-04-22

Govt. Degree College, Vailoo Larnoo, Anantnag Celebrated the 'World Health Day' on the theme "Our Planet Our Health" on 07-04-22. The program was organized by the College Seminars and Debates Committee in Collaboration with NSS Unit of the College. Worthy Principal Prof Dr.Naseer Hussain Shah Chairperson of the event, in his introductory speech enlightened the audience about the urgency of creating awareness among people about the sustainable development goals committed to achieve equitable health. The Speaker of the Session Prof. Arshad Majid Rather spoke at length about the historical background of the day in reference, how it came into existence, the vital role played by WHO in this regard, its significance etc. The speaker educated the student community about the different dimensions of health and related issues that need to be taken care off on priority basis. He went on to say that emphasis shall be laid on intake of quality and nutritious diet on routine basis. He also shed some important light on the need of maintenance and promotion of healthy environment sustainable enough to meet future generations' needs. The Programme ended with the vote of thanks given by Dr. Raof Ahmad Bhat.



Sd/-

Principal

Govt. Degree College  
Vailoo Larnoo, Kashmir

CONVENER  
NSS UNIT

CONVENER  
Seminars & Debates Committee  
07-04-2022







# Government Degree College

VailooLarnooAnantnag

Email: [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



## Report

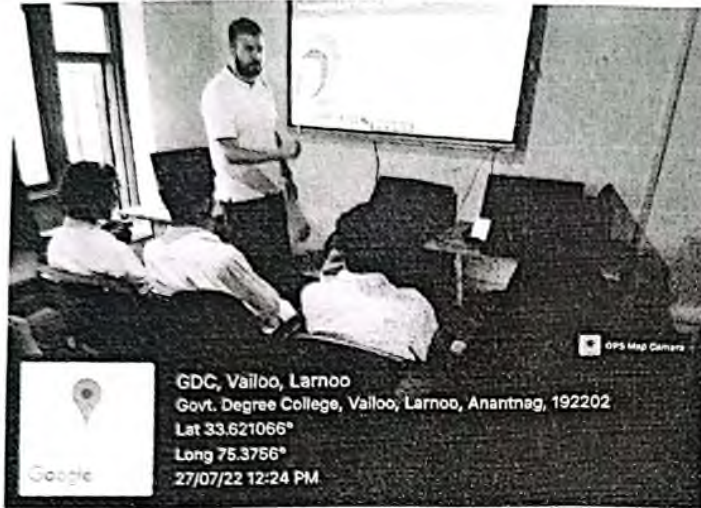
Date: 25/07/22

Govt. Degree College, Vailoo Larnoo, Anantnag Celebrated the 'Digital J&K Week 2022' from 25<sup>th</sup> to 31<sup>st</sup> of July, 2022. Govt. Degree College, Vailoo Larnoo, Anantnag. The programme was organized by the NSS Unit of the College in Collaboration with Seminars and Debates Committee, on different themes and events. As per the agenda (as framed by the Unit/Committee in the beginning) the painting competition was held on Day-1, i.e. 25<sup>th</sup> of July in which 8 students participated and Quratulain of 3<sup>rd</sup> semester got the first position, while as, Ulma jan and Nadi Jan of the same semester followed positions accordingly. On the Day-2, an awareness programme on e-services provided by the govt., especially by the Revenue dept., was carried out; the chief guest of the programme was the respected Tehsildar of Larnoo Tehsil. On the occasion the chief guest enlightened the participants, which were at least 60 in number, about different e-services provided by the revenue dept. like; *Aapki Zameen Aapki Nigraani*. On 27<sup>th</sup> of July, that was the Day-3, the seminar was organized on e-governance, in which the Speaker Prof. Abdul Mannan demonstrate about the different portals and online services provided by the Govt. and Private organizations, this seminar was attended by 30 students of our college. The Seminar was followed by the Online Quiz Competition which was held on 28<sup>th</sup> of July, which was the Day-4 of the Digital Week. The Department received the twenty responses of the Questionnaire and Shahid Ahmad Wani, Jazib Ahmad Deka and Shahid Muzaffar grabbed the first, second and third positions accordingly. On the Day-5 and Day-6, i.e. (29<sup>th</sup> & 30<sup>th</sup> of July), the Demonstration of e-services was conducted by Prof. Mannan and Dr. Sajad Ahmad respectively, in the computer lab of the College. The entire eventful week was celebrated under the constant supervision and guidance of worthy Principal Prof. Dr. Naseer Hussain Shah, who felicitated all those students who secured different, positions/ranks in different programmes of the said week.





Day - 1



Day - 2



Day - 3



Day - 4



Day - 5

Day - 6

CONVENER.  
NSS In-charge Officer  
NSS Unit  
GDC Vailoo Larnoo Anantnag

A. P. Bhat  
25-07-2022  
CONVENER.

Principal  
Govt. Degree College  
Vailoo Larnoo, Kashmir

Seminars & Debates  
Committee.





# Government Degree College Vailoo Larnoo Anantnag



## Report

Dated: 09-09-2022

Under *Nasha Mukh Bharat Abhiyaan* the following activities were carried out at GDC Vailoo Larnoo Anantnag:

S.No.	Date	Event	Description
1.	01-09-2022	One Day Seminar	Drug Abuse, Causes, Consequences and Preventive Measures to tackle the Menace.
2.	05-09-2022	Essay Competition	How to Curb and Combat Drug Menace in our society. 1 <sup>st</sup> Prize winner = Khushboo Jan (3 <sup>rd</sup> Semester) 2 <sup>nd</sup> Prize winner = Jazib Deka (3 <sup>rd</sup> Semester) 3 <sup>rd</sup> Prize winner = Faisal Khatana (6 <sup>th</sup> Semester)
3.	07-09-2022	Pledge Taking Ceremony	All the Faculty and Students of the College took pledge to stay away from Drugs and make efforts for Drug free society.



Sd  
Principal



Govt. Degree College Vailoo  
Larnoo



**CERTIFICATE**

**OF COMPLETION**

**IS PRESENTED TO :**

*Shazi Jan*



For his participation in one month Skill course on Crewel Craft held from 26/07/2022  
to 03/09/2022 in collaboration with Department of Handicrafts & Handloom, J&K  
Government

*Dr. Raof Ahmad Bhat*  
**Dr. Raof Ahmad Bhat**  
PROGRAM COORDINATOR

*Dr. Naseer Hussain Shah*  
**Dr. Naseer Hussain Shah**  
PRINCIPAL

CERTIFICATE NO. GDCVL/22/20



# Govt. Degree College Vailoo Larnoo



## CERTIFICATE OF COMPLETION IS PRESENTED TO :

*Rajeev Jau*



For his participation in one month Skill course on Crewel Craft held from 26/07/2022  
to 03/09/2022 in collaboration with Department of Handicrafts & Handloom, J&K  
Government

*Dr. Raof Ahmad Bhat*  
PROGRAM COORDINATOR

*Dr. Naseer Hussain Shah*  
PRINCIPAL

CERTIFICATE NO. CDCVL/22/21



# Govt. Degree College Vailoo Larnoo



## CERTIFICATE

### OF COMPLETION

IS PRESENTED TO :



*Tabasum Yousuf*

For his participation in one month Skill course on Crewel Craft held from 26/07/2022  
to 03/09/2022 in collaboration with Department of Handicrafts & Handloom, J&K  
Government

  
Dr. Raof Ahmad Bhat  
PROGRAM COORDINATOR

  
Dr. Naseer Hussain Shah  
PRINCIPAL

CERTIFICATE NO. GDCVL/22/22



# Govt. Degree College Vailoo Larnoo



**CERTIFICATE  
OF COMPLETION  
IS PRESENTED TO :**



*Aurfishan Mshinddin*

For his participation in one month Skill course on Crewel Craft held from 26/07/2022  
to 03/09/2022 in collaboration with Department of Handicrafts & Handloom, J&K  
Government

*Dr. Raof Ahmad Bhat*  
PROGRAM COORDINATOR

*Dr. Naseer Hussain Shah*  
PRINCIPAL

CERTIFICATE NO. CDCVL/22/23



# Govt. Degree College Vailoo Larnoo



**CERTIFICATE  
OF COMPLETION  
IS PRESENTED TO :**



*Zakir Ahmad Israr*

For his participation in one month Skill course on Crewel Craft held from 26/07/2022  
to 03/09/2022 in collaboration with Department of Handicrafts & Handloom, J&K  
Government

*Dr. Raof Ahmad Bhat*  
PROGRAM COORDINATOR

*Dr. Naseer Hussain Shah*  
PRINCIPAL

CERTIFICATE NO. GDCVL/22/24



# Government Degree College

Vailoo Larnoo Anantnag

Email: gdclarnoo@gmail.com

Dated: 17/06/2022

The Principal,  
Govt. Degree College,  
Vailoo Larnoo.

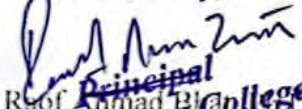
Subject: Proposal for one (1) Month Certificate Course on Yoga.

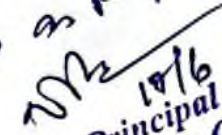
Sir,

Kindly refer to the above cited subject. In this connection it is to submit that the World is ready to celebrate the 8<sup>th</sup> International Day of Yoga this year. The department of Physical Education & Sports has already made its preparations to celebrate the Day on 21<sup>st</sup> of June 2022. The department is further proposing to extend the Yoga programme up to 21<sup>st</sup> July in the form of certificate programme for students

It is therefore requested to your good self to allow the department to conduct one month certificate programme on Yoga.

Yours Faithfully,

  
Principal  
Govt. Degree College  
Vailoo Larnoo, Anantnag  
Physical Education Instructor

*Allowed as per proposal*  
  
18/6  
Principal  
Govt. Degree College  
Vailoo Larnoo, Kashmir



# GOVT DEGREE COLLEGE

Vailoo Larnoo

Affiliated with University of Kashmir



## Department of Physical Education & Sports

organises

One month

## 'Certificate Course on Yoga'

(21<sup>st</sup> June – 21<sup>st</sup> July, 2022)



commemorating



## DAY



### PATRON

Prof. (Dr.) Naseer Ahmad Shah  
Principal,  
Govt. Degree College Vailoo Larnoo

### Programme covers events/activities

Expert lecture series on historical background, benefits, etc.

Demonstration on Aasanas & Pranayans

Valedictory function

### EXPERT TRAINER

(Dr.) Raof Ahmad Bhat

Physical Training Instructor  
Department of Physical Education & Sports  
GDC Vailoo Larnoo, HED, Govt. of J&K



### IMPORTANT INSTRUCTIONS

1. The participation is open for all the college students of GDC Vailoo Larnoo (J&K), till 12:00 pm on 19<sup>th</sup> June, 2022
2. Faculty members from all the colleges can also join the training program
3. All the participants will be given certificates.

### ORGANISING COMMITTEE

Prof. Firdose Ahmad Mir

(Assistant Professor, Department of Environmental Sciences, GDCVL)

Prof. Rauf Ahmad Malik

(Assistant Professor, Department of Economics, GDCVL)

For queries, please feel free to contact

Dr. Raof Ahmad Bhat

7006529743





Office of the Principal  
**Government Degree College**

Vailoo Larnoo Anantnag

Email: [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



List of Students Enrolled for One month Certificate Programme on YOGA from 21<sup>st</sup> June to July 2022) organized by Department of Physical Education GDC Vailoo Larnoo.

S.No	Name of the Student	Semester	Roll No
1.	Shakir Ahmad Khari	4 <sup>th</sup>	2027003
2.	Nigeen Fatima	3 <sup>rd</sup>	2107005
3.	Umar Hassan Padder	4 <sup>th</sup>	2004002
4.	Roohi Jan	3 <sup>rd</sup>	2108005
5.	Irfan Ahmad Raina	4 <sup>th</sup>	2032001
6.	Quratul -Ain	3 <sup>rd</sup>	2108006
7.	Faisal Maqbool Malik	4 <sup>th</sup>	2028001
8.	Gowher Ahmad Bhat	4 <sup>th</sup>	2021001
9.	Shafqat Hussain Khanday	4 <sup>th</sup>	2027001
10.	Shokey Jan	3 <sup>rd</sup>	2107019
11.	Shafia Yousuf	3 <sup>rd</sup>	2107011
12.	Mohammad Aqib Lone	3 <sup>rd</sup>	2104006
13.	Mohammad Asif Khatana	3 <sup>rd</sup>	2104004
14.	Owais Ahmad Padder	3 <sup>rd</sup>	2101001
15.	Muntazir Nazir	3 <sup>rd</sup>	2104005
16.	Mousima Akhter	4 <sup>th</sup>	2034001
17.	Shahid Muzaffar	3 <sup>rd</sup>	2113001
18.	Sumy Jan	4 <sup>th</sup>	2011005
19.	Humaira Jan	4 <sup>th</sup>	2006005
20.	Mohd Suhaib Malik	4 <sup>th</sup>	2019001

*Gyadlovit*  
PRINCIPAL  
Govt. Degree College  
Vailoo Larnoo, Kashmir

*Roaf*  
Coordinator  
Dr Roaf Ahmad Bhat (PTI)





Attendance Sheet One Month Certificate Programme on Yoga (22/06/2022)

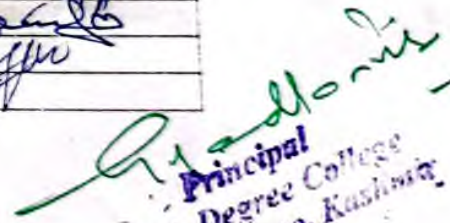
S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 <sup>rd</sup>	2107005	Nigeen Fatimah
2	Shakir Ahmad Khari	4 <sup>th</sup>	2027003	Shakir Ahmad
3	Umar Hassan Padder	4 <sup>th</sup>	2004002	Umar Hassan
4	Roohi Jan	3 <sup>rd</sup>	2108005	A
5	Irfan Ahmad Raina	4 <sup>th</sup>	2032001	Ramzan
6	Mohd. Suhail malik	4 <sup>th</sup>	2019001	Suhail
7	Quratulcain	3 <sup>rd</sup>	2108006	A
8	Faisal Maqbool Malik	4 <sup>th</sup>	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 <sup>th</sup>	2021001	Gowher.Ah. Bhat
10	Shafqat Hussain Khanday	4 <sup>th</sup>	2027001	Shafqat
11	Shokey Jan	3 <sup>rd</sup>	2107019	Shokey Jan
12	Shafia Yousuf	3 <sup>rd</sup>	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 <sup>rd</sup>	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 <sup>rd</sup>	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 <sup>rd</sup>	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 <sup>rd</sup>	2104005	Muntazir Nazir
17	Mousima Akhter	4 <sup>th</sup>	2034001	A
18	Shahid Muzaffar	3 <sup>rd</sup>	2113001	Shahid Muzaffar
19	Sunny Jan	4 <sup>th</sup>	2011005	Sunny Jan
20	Humirah Jan	4 <sup>th</sup>	2006005	Humirah Jan

Principal  
Govt. Degree College  
Mirpur, Jammu & Kashmir



**Attendance Sheet One Month Certificate Programme on Yoga (23/06/2022)**

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 <sup>rd</sup>	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 <sup>th</sup>	2027003	Shakir
3	Umar Hassan Padder	4 <sup>th</sup>	2004002	Umar Hassan
4	Roohi Jan	3 <sup>rd</sup>	2108005	A
5	Irfan Ahmad Raina	4 <sup>th</sup>	2032001	Ramanban
6	Mohd. Suhaib malik	4 <sup>th</sup>	2019001	Suhaib Malik
7	Quratulain	3 <sup>rd</sup>	2108006	A
8	Faisal Maqbool Malik	4 <sup>th</sup>	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 <sup>th</sup>	2021001	Gowher.Ah.Bhat
10	Shafqat Hussain Khanday	4 <sup>th</sup>	2027001	Shafqat
11	Shokey Jan	3 <sup>rd</sup>	2107019	Shokey Jan
12	Shafia Yousuf	3 <sup>rd</sup>	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 <sup>rd</sup>	2104006	Aaqib Lone
14	Mohammad Asif Khatana	3 <sup>rd</sup>	2104004	Asif Khatana
15	Owais Ahmad Padder	3 <sup>rd</sup>	2101001	Owais Ahmad
16	Muntazir Nazir	3 <sup>rd</sup>	2104005	Muntazir Nazir
17	Mousima Akhter	4 <sup>th</sup>	2034001	Mousima Akhter
18	Shahid Muzaffar	3 <sup>rd</sup>	2113001	Shahid Muzaffar
19	Sumy Jan	4 <sup>th</sup>	2011005	Sumy Jan
20	Humirah Jan	4 <sup>th</sup>	2006005	Humirah Jan

  
**Principal**  
 Govt. Degree College  
 Vailoo Larnoo, Kashmir



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION



Presented To

*Syham Ahmad Baina*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

*Dr. Naseer Hussain Shah*  
Principal



*Dr. Raof Ahmad Baht*  
HOD

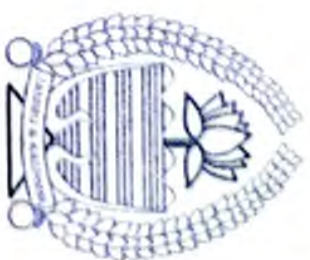
Certificate No. GDCVL Sports/22/04



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION



Presented To

*Mahad. Subairi Malik*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

*Dr. Naseer Hussain Shah*

Principal

*Dr. Raof Ahmad Bahht*

Certificate No. GDCVL Sports/22/05





Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION

Presented To

*Shabir Ahmad Shabir*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022



*Dr. Naseer Hussain Shah*  
Principal

*Dr. Raof Ahmad Baht*  
HOD

Certificate No. GDCVL Sports/22/02



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION

Presented To

*Nigeen Fatimah*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022



*Dr. Naseer Hussain Shah*  
Principal

*Dr. Raof Ahmad Baht*  
HOD

Certificate No. GDCVL Sports/22/01





GOVERNMENT OF JAMMU & KASHMIR  
**Office of the Assistant Director**  
**Handicrafts, Anantnag**  
Industrial Estate, Anantnag-192101  
Phone no: - 01932227702. E-mail: - adhanantnag111@gmail.com

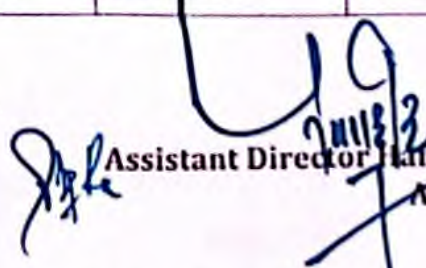


### Order

In connection with imparting training in Crewel/Chainstitch Craft to the desirous Students, presently pursuing various courses at Government Degree College, Vailoo Larnoo, as requested by the Principal of the said Institute, in an endeavor to make them self-sufficient, the below mentioned Instructors of Crewel/Chainstitch Craft of this Establishment are deployed to the said Quarters, on the dates as shown against each, for the objective of disseminating training to such students.

S.No.	Name of the Official	Designation	Period of Deputation	
			From	To
1.	Ms. Shamshada	SCI Crewel	26.07.2022	04.08.2022
2.	Ms. Sumi Jan	JCI Crewel	05.08.2022	14.08.2022
3.	Ms. Ruby Jhan	JCI Crewel	16.08.2022	24.08.2022
4.	Mr. Shamim Ah. Dar	JCI Chainstitch	25.08.2022	03.09.2022

No: - ADH/ANG/1534-38  
Dated: 25/07/2021

  
Assistant Director Handicrafts  
Anantnag

**Copy to the: -**

1. Director, Handicrafts & Handloom, Kashmir, for favor of information. This takes reference to Your Communication No: - DHHK/Estt/1808 Dated: - 13.06.2022.
2. Principal, Government Degree College, Vailoo, Larnoo, for favor of information.
3. HTOs & AHTOs concerned.
4. Office record.





Office of the Principal  
**Government Degree College**

Vailoo Larnoo Anantnag

Email: [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



List of Students Enrolled for Skill Course on CREWEL and CHAIN STITCH Handicrafts organized by College in Collaboration with Department of Handicrafts Jammu and Kashmir (26<sup>th</sup> of July 2022 to 3<sup>rd</sup> September 2022).

S.No	Name of the Student	Semester	Roll No
1.	Suriyah Mustaq	3 <sup>rd</sup>	2113004
2.	Nigeen Fatima	3 <sup>rd</sup>	2107005
3.	Nadi Jan	3 <sup>rd</sup>	2115004
4.	Shokey jan	3 <sup>rd</sup>	2107019
5.	Rohie jan	3 <sup>rd</sup>	2108005
6.	Quratul Ain	3 <sup>rd</sup>	2108006
7.	Khhushboo jan	3 <sup>rd</sup>	2101002
8.	Seerat Iqbal	3 <sup>rd</sup>	2108002
9.	Khushbo jan	3 <sup>rd</sup>	2102007
10.	Shahzia jan	3 <sup>rd</sup>	2102008
11.	Sumirah jan	3 <sup>rd</sup>	2107011
12.	Iqrah Mushtaq	4 <sup>th</sup>	2028004
13.	Humaira jan	4 <sup>th</sup>	2006005
14.	Mousima Akhter	4 <sup>th</sup>	2034001
15.	Rozey jan	4 <sup>th</sup>	2009003
16.	Durfishan Jan	3 <sup>rd</sup>	2109001
17.	Shafia yousuf	3 <sup>rd</sup>	2105001
18.	Heena bashir	3 <sup>rd</sup>	2107012
19.	Shaista Akhter	4 <sup>th</sup>	2101008
20.	Khushboo jan	3 <sup>rd</sup>	2104002
21.	Tabasum Yousuf	4 <sup>th</sup>	2106001
22.	Shahid Muzaffar	3 <sup>rd</sup>	2113001
23.	Zakir Ah lone	3 <sup>rd</sup>	217003
24.	Jazib Hussain Deka	3 <sup>rd</sup>	2102001
25.	Ulma jan	3 <sup>rd</sup>	2101008

Course Coordinator  
Dr. Raif Al Bhat (PTI)

PRINCIPAL  
Govt. Degree College  
Vailoo Larnoo, Kashmir





# Government Degree College

Vailoo Larnoo Anantnag

Email: [gdclarnoo@yahoo.com](mailto:gdclarnoo@yahoo.com), [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



Dated: 26/07/2022

Students attendance sheet for skill course on Crewal & Chain Stitch Handicrafts.

S.NO	Name Of the student	Roll No	Signature
1.	Suriysh Mushtaq	2115004	Suriysh
2.	Nigreen Fatimah	2107005	Nigreen
3.	Nadi Jan	2115004	Nadi Jan
4.	Shokey Jan	2107019	Shokey Jan
5.	Rohie Jan	2108005	Rohie Jan
6.	Umrat-ul-Eam	2108006	Umrat-ul-Eam
7.	Khushboo Jan	2101002	Khushboo
8.	Seerat Jan	2108002	Seerat
9.	Khushboo Jan	2102007	Khushboo
10.	SHAZIA JAN	2102008	SHAZIA Jan
11.	SUMIRAH JAN	2107011	SUMIRAH
12.	Iqrah Mushtaq	2028004	Iqrah Mushtaq
13.	Humirah Jan	2006005	Humirah Jan
14.	Mousima Akhter	2024001	Mousima Akhter
15.	Rozay Jan	2009003	Rozay
16.	Durfishan-Mohiuddin	2109001	Durfishan
17.	SHAFIA YOUSUF	2105001	Shafia
18.	Heena Bashir	2107012	Heena
19.	Ulma Jan	2101008	Ulma
20.	Khushboo Jan	2104002	Khushboo
21.	Tabasum Yousuf	2016001	Tabasum
22.	SHAHID MUZAFFAR	2113001	Shahid
23.	Zakia Ah Lone	2107003	Zakia Ah Lone
24.	Jazib Hussain Daka	2102001	Jazib Hussain

Sig. Of craft Instructor

Principal  
Govt. Degree College  
Vailoo Larnoo, Anantnag









# Government Degree College

Vailoo Larnoo Anantnag

Email: [gdclarnoo@yahoo.com](mailto:gdclarnoo@yahoo.com), [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



Dated: 29/07/2022

Students attendance sheet for skill course on Crewal & Chain Stitch Handicrafts.

S.NO	Name Of the student	Roll No	Signature
01	Jazib Hussain Deka	2102001	Jazib Hussain
02	Zaid Ahmad Lone	2107003	Zaid A.L.
03	Shahid Muzaffar	2113001	Shahid Muzaffar
04	Khushboo Jan	2101002	Khushboo
05	Seeral Iqbal	2108002	Seeral =
06.	Rohie Jan	2108005	Rohie Jan
07.	Qurat-ul-Eam	2108006	Qurat-ul-Eam
08.	Heena Basha	2107012	Heena Basha
09.	Khushboo Jan	2104002	Khushboo
10.	Sumirah Jan	2107011	Sumirah Jan
11	SHAZIA JAN	2102000	SHAZIA JAN
12.	KHUSHBOO JAN	2102007	KHUSHBOO Jan.
13.	Niqeen Fatimah	2107005	Niqeen Fatimah
14.	Humirah Jan	2006005	Humirah Jan
15.	Iqrah Mushtaq	2028004	Iqrah Mushtaq
16.	Sunaysh Mushtaq	2113004	Sunaysh
17	Nadi Jan	2115004	Nadi
18	Tabassum Yusuf	2016001	Tabassum
19	Ulma Jan	2101000	Ulma
20-	Durpishan - Mohiuddin	2109001	Durpishan
21	Shapiya - Yusuf	2105001	Shapiya
22	Bisma Jan	2014001	Bisma Jan.

*C. Anand*  
Sig. Of craft Instructor

*S. S. Srinivas*  
Principal  
Govt. Degree College  
Vailoo Larnoo, Kushiitir





# Government Degree College

Vailoo Larnoo Anantnag

Email: [gdclarnoo@yahoo.com](mailto:gdclarnoo@yahoo.com), [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



Dated: 30/07/2022

Students attendance sheet for skill course on Crewal & Chain Stitch Handicrafts.

S.NO	Name Of the student	Roll No	Signature
01	Jazib Hussain Deka,	2102001	Jazib Hussain
02	SHAHID MUZAFFAR	2113001	Shahid Muzaffar
03	Zakir An Lone	2107003	Zakir An
04	Saeed Saibal	2108002	Saeed Saibal
05	Khushboo Jan	2101002	Khushboo Jan
06	Tabasum Yousuf	2016001	Tabasum Yousuf
07	Rohie Jan	2108005	Rohie Jan
08	Bisma Jan	2014001	Bisma Jan.
09	Mousima Akhter	2024001	Mousima Akhter
10	Nigeen Fatimah	2107005	Nigeen Fatimah
11	Ulma Jan	2101008	Ulma
12	SHAFIA YOUSUF	2105001	SHAFIA
13	Sumirathi Jan	2107011	Sumirathi
14	KHUSHBOO Jan	2102007	Khushboo
15	Shazia Jan	2102008	Shazia
16	Abida Jan	2007002	Abida.
17	Khushboo Jan	2104002	Khushboo
18	Nadi Jan	2115004	Nadi Jan
19	Suriyah Mushtaq	2113004	Suriyah Mushtaq
20	Hesna Bashir	2107012	Hesna Bashir
21	Qurat-ul-EAIN	2108006	Qurat-ul-Eain
22	Shokey Jan	2107019	Shokey Jan
23	Durpethan Mohiuddin	2109001	Durpethan
24	Rozey Jan	2009003	Rozey Jan
25	Iqrah Mushtaq	2028004	Iqrah Mushtaq
26	HUMIRATH JAN	2006005	Humirath Jan

Sig. Of craft Instructor

Principal  
Govt. Degree College  
Vailoo Larnoo, Anantnag





# Government Degree College

## Vailoo Larnoo Anantnag



Email: [gdclarnoo@yahoo.com](mailto:gdclarnoo@yahoo.com), [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)

Dated: 01/08/2022

Students attendance sheet for skill course on Crewal & Chain Stitch Handicrafts.

S.NO	Name Of the student	Roll No	Signature
1	SHAHID Muzaffar	2113001	Shahid Muzaffar
2	Rozey Jan	2009003	Rozey Jan
3	Durfisham - Mohiuddin	21091001	Durfisham
4	SHAFIA YOUSUF	2105001	SHAFIA
5	Khushboo Jan	2101002	Khushboo
6	Seerat Jabal	2108002	Seerat
7	Zaid Ahmad Lone	2107003	Zaid
8	Iqrah Mushtaq	2028004	Iqrah Mushtaq
9	HUMIRAH JAN	2006005	Humirah Jan
10	Nigeen Fatimah	2107005	Nigeen Fatimah
11	Shakey Jan	2107019	Shakey Jan
12	Sumaira Jan	2107011	Sumaira Jan
13	SHAZIA JAN	2102008	SHAZIA JAN
14	KHUSHBOO JAN	2102007	KHUSHBOO JAN
15	Qurat-ul-Eain	2108006	Qurat-ul-Eain
16	Ulma Jan	2101008	Ulma
17	Nadi Jan	2115004	Nadi Jan
18	Suriyah Mushtaq	2113004	Suriyah Mushtaq
19	Rohie Jan	2108005	Rohie Jan
20	Bisma Jan	2014001	Bisma Jan
21	Mousima Akhter	2024001	Mousima Akhter
22	Abida Jan	2007002	Abida
23	Tabasum Yousuf	2016001	Tabasum Yousuf

Sig. Of craft Instructor

Principal  
Govt. Degree College  
Vailoo Larnoo, Anantnag





# Government Degree College

Vailoo Larnoo Anantnag

Email: [gdclarnoo@yahoo.com](mailto:gdclarnoo@yahoo.com) , [gdclarnoo@gmail.com](mailto:gdclarnoo@gmail.com)



Dated: 02/08/2022

Students attendance sheet for skill course on Crewal & Chain Stitch Handicrafts.

S.NO	Name Of the student	Roll No	Signature
01	Suniyah Mushtaq	2113004	Suniyah
02	Nadi Jan	2115004	Nadi
03	Shokay Jan	2107019	Shokay
04	Sumirah Jan	2107011	Sumirah
05	Seerat Iqbal	2108002	Seerat Iqbal
06	Zahid Ahmad Lone	2107003	Zahid Ah
7	SHAHID MUZAFFAR	2113001	Shahid
08	Khushboo Jan	2104002	Khushboo
09	Heera Bhatti	2107012	Heera
10	Humirah Jan	2006005	Humirah Jan
11	Rozay Jan	2009003	Rozay
12	Iqrah Mushtaq	2028004	Iqrah Mushtaq
13	Mousina Akhter	2024001	Mousina Akhter
14	Bisma Jan	2014001	Bisma Jan
15	Shazia Jan	2102008	Shazia Jan
16	Khushboo Jan	2102007	Khushboo Jan
17	Ulma Jan	2101008	Ulma Jan
18	Rohie Jan	2108005	Rohie Jan
19	Shafia Yousuf	2105001	Shafia
20	Nigun Fatimah	2107005	Nigun Fatimah
21	Tarib Hussain Dera	Deputed	To Govt. Boys DC Khan

Sig. Of craft Instructor

Principal  
 Govt. Degree College  
 Vailoo Larnoo, Anantnag  
 02/08/2022



ATTENDANCE SHEET      Dated :- 11/8/2022

Quiz Competition On "Freedom Struggle in India"

S.No	Name	Semester	Signature
1	Masroofa Akhter	4th	Masroofa
2	Abida Jan	4th	Abida
3	Shayesta Akhter	4th	Shayesta
4	Suziyah Mushtaq	3rd	Suziyah Mushtaq
5	Rozey JAN	4th	Rozey JAN
6	Shagufta Akhter	4th	Shagufta Akhter
7	Mehreema Iqbal	4th	Mehreema Iqbal
8	Tabasum Yousuf	4th	H
9	Mohd. Damish CRMIE	3rd Sem.	Mohd. Damish
10	MURTOOZA NAJIB	3rd	Murtooz
11	Shahid Muzaffar	3rd	Shahid
12	AZHAR MAHMOOD	3rd	Azhar
13	MOUTASIM SHABIR MALIK	3rd	Moutasim
14	Shabir Makhdoom	5th	Shabir
15	IF Aaly Jan	5th	IF Aaly
16	Jasminna Aishtek	5th	Jasminna
17	Qurat-ul-Eam	3rd	Qurat-ul-Eam
18	Rohie Jan	3rd	Rohie Jan
19	Ulma Jan	3rd	Ulma Jan
20	Shaziya Akhter	3rd	Shaziya
21	SHAZIA JAN	3rd	SHAZIA
22	KHUSHBOO JAN	3rd	KHUSHBOO
23	Nigeen Fatimah	3rd	Nigeen Fatimah
24	Imtiaz Ah Deka	3rd	Imtiaz
25	Mohd Sadiq	3rd	Mohd Sadiq



# ATTENDANCE SHEET

RRCs 910c voices 412w10:

S.No	Name of the Participant	Semester	Contact No.	Email
1	Nigeen Fatimah	2nd Sem	8493800779	fatimaniigeen@gmail.com
2.	Masroofa Akhter	3rd Sem	8002698401	www.6478@gmail.com
3.	midhat Jan	3rd sem	9149783700	
4	SHAFA YOUSUF	2nd sem	600650300	
5	SUMIRAH JAN	2nd sem	600630150	
6	Ulma Jan	2nd sem	9797930253	
7	Nadi Jan	2nd Sem	6006506894	
8-	Durfisham. Mohiuddin	2nd Sem	9541544110	
9.	Heena Bashir	2nd Sem	7051238191 91622246350	
10.	Rohie Jan	2nd Sem	9682107341	
11.	Ruswat-ul-Eani	2nd Sem	9622766350 7051123	
12	KHUSHBOO JAN	2nd Sem	9600237242	



# ATTENDANCE SHEET

RRCs QDc Vailoo Larneoi

S.No	Name of the Participant	Semester	Contact No.	Email
1	Mohd Sadiq Mahroo	2nd Semester	600564077	mahroosideko45@gmail.com
2	AZUAR MAHMOOD LONE	2nd Sem	889980353	Azuar.mahmood.lone@gmail.com
3	Abid Hussain Koka	2nd Sem	9149520963	Akoka0829@gmail.com
4.	PARVAIZ AHMAD KHOPAN	2nd Sem	6006543905	Aparvaizkhopan881@gmail.com
S.	Shafiq Hussain Khonday	2nd Sem	6006662630	Khondayshafiq013@gmail.com
6)	Malik MOUTASIM SHABIR	2nd Sem	9809378128	malik.moutasim.1950@gmail.com
(7)	Umair Hassam Padoke	3rd Sem	6006968460	PadokeUmairPadokeumair761@gmail.com
(8)	Bilal Jari	3rd Sem	979730572	
9	Sehreen Fagay	3rd Semester	9906702709	
10	Yaqala Jan	3rd Sem	6005775311	
11	SHAHID AHMAD Usani	2nd Sem	6006019191	usaniusani2@gmail.com
12	Muneez AHMAD Bokod	2nd Sem	6006833589	





# Government Degree College

Vailoo Larnoo Anantnag

Email: gdc.larnoo@gmail.com

Dated: 17/06/2022

The Principal,  
Govt. Degree College,  
Vailoo Larnoo.

Subject: Proposal for one (1) Month Certificate Course on Yoga.

Sir,

Kindly refer to the above cited subject. In this connection it is to submit that the World is ready to celebrate the 8<sup>th</sup> International Day of Yoga this year. The department of Physical Education & Sports has already made its preparations to celebrate the Day on 21<sup>st</sup> of June 2022. The department is further proposing to extend the Yoga programme up to 21<sup>st</sup> July in the form of certificate programme for students

It is therefore requested to your good self to allow the department to conduct one month certificate programme on Yoga.

Yours Faithfully,

*[Signature]*  
Principal  
Govt. Degree College  
Vailoo Larnoo, Kashmir

*Allowed as per request*  
*[Signature]*  
17/6  
Principal  
Govt. Degree College  
Vailoo Larnoo, Kashmir





Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION



Presented To

*Mahad. Subairi Malik*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

Dr. Naseer Hussain Shah  
Principal

Dr. Raof Ahmad Baht  
HOD

Certificate No. GDCVL Sports/22/05



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION



Presented To

*Ammar Hussain Padder*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

*DN*  
Dr. Naseer Hussain Shah  
Principal

*Raaf Ahmad Bahat*  
Dr. Raof Ahmad Bahat  
HOD

Certificate No. GDCVL Sports/22/03



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION

Presented To

*Nigreen Fatimakh*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

  
Dr. Naseer Hussain Shah  
Principal

  
Dr. Raof Ahmad Baht  
HOD

Certificate No. GDCVL Sports/22/01



Department of Physical Education & Sports  
Govt. Degree College Vailoo Larnoo



CERTIFICATE  
OF COMPLETION

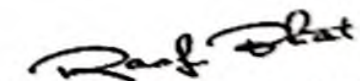


Presented To

*Shakir Ahmad Khari*

For his/her participation in Yoga Certificate program held from  
21st June, 2022 to 21st July, 2022

  
Dr. Naseer Hussain Shah  
Principal

  
Dr. Raof Ahmad Baht  
HOD

Certificate No. GDCVI Sports/22/02





Department of Physical Education & Sports  
**Government Degree College**

Valloolarnoo Anantnag

Email:

**7<sup>th</sup> International Yoga Day**  
**Aazadi Ka Amirit Mahautsav**



Department of Physical Education in collaboration with EBSB Club is  
organising a Webinar on International Yoga Day, 2021.

Event	Date/ Time	Platform	Invited Speaker
Webinar on "Inculcation of Values Through Yoga"	15/06/2021 11: 00 am	Google Meet To join the meeting on Google Meet, click this link: <a href="https://meet.google.com/okb-dauh-gqx">https://meet.google.com/okb-dauh-gqx</a> Or open Meet and enter this code: okb-dauh-gqx	Syed Tariq Murtaza, P.hD Professor. Aligarh Muslim University

**Patron**  
Dr. Naseer Hussain  
Principal, GDC Larnoo

**Convenor**  
Raof Ahmad Bhat,  
HOD, Department of Physical Education

**Organizing Secretary**  
Firdose Ahmad Mir,  
HOD Dept. of EVS

**Registration**

- Aspiring participants can whatsapp their registration details (Name and Institution) to 7006529743
- E- certificates will be provided to every Participant

Organized by Department of Physical Education & Sports in Collaboration with EBSB Club

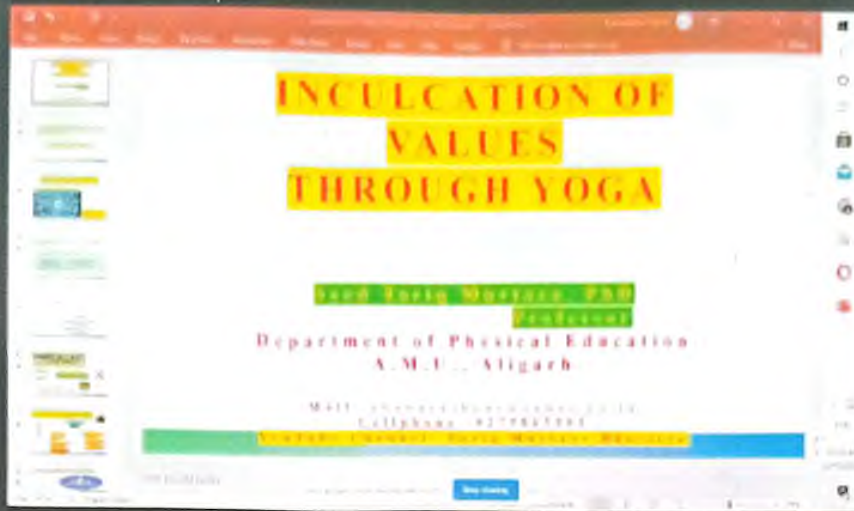




11:06

Vol LTE+  
LTE1 ↓↑

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Tariq is presenting


















































About this call

People

Information

-  Padder Roouf  
-  PRINCIPAL GDC LARNOO  
-  pushendra aryan  
-  Raju  
-  Rubaya Manzoor  
-  Shahnawaz Hussian  
-  Tanseer Mantoo  
-  Tariq Ahmad Khatana  
-  Tariq Murtaza 'Bhartiya'  
-  Tariq Murtaza 'Bhartiya' (...  
-  Umais Bashir  
-  Umer Rahman  
-  usmaan shakir  
-  Waseem Mantoo  
-  Younus Awan  















































About this call

People

Information

-  Padder Roouf  
-  PRINCIPAL GDC LARNOO  
-  pushendra aryan  
-  Raju  
-  Rubaya Manzoor  
-  Shahnawaz Hussian  
-  Tanseer Mantoo  
-  Tariq Ahmad Khatana  
-  Tariq Murtaza 'Bhartiya'  
-  Tariq Murtaza 'Bhartiya' (...  
-  Umais Bashir  
-  Umer Rahman  
-  usmaan shakir  
-  Waseem Mantoo  

Call control bar with icons for mute, video, and other call functions.