



GOVT DEGREE COLLEGE

Vailoo Larnoo

Affiliated with University of Kashmir



Department of Physical Education & Sports

organises

One month

'Certificate Course on Yoga'

(21st June – 21st July, 2022)



commemorating



DAY



PATRON

Prof. (Dr.) Naseer Ahmad Shah
Principal,
Govt. Degree College Vailoo Larnoo

Programme covers events/activities

Expert lecture series on historical background, benefits, etc.

Demonstration on Asanas & Pranayans

Valedictory function

EXPERT TRAINER

(Dr.) Raof Ahmad Bhat

Physical Training Instructor
Department of Physical Education & Sports
GDC Vailoo Larnoo, HED, Govt. of J&K



IMPORTANT INSTRUCTIONS

1. The participation is open for all the college students of GDC Vailoo Larnoo (J&K), till 12:00 pm on 19th June, 2022
2. Faculty members from all the colleges can also join the training programme
3. All the participants will be given *certificates*.

ORGANISING COMMITTEE

Prof. Firdose Ahmad Mir

(Assistant Professor, Department of Environmental Sciences, GDCVL)

Prof. Rauf Ahmad Malik

(Assistant Professor, Department of Economics, GDCVL)

For queries, please feel free to contact

Dr. Raof Ahmad Bhat

7006529743





Department of Physical Education & Sports

Government Degree College

Vailoo Larnoo Anantnag

Email: gdclarnoo@gmail.com



Dated: 17/06/2022

The Principal,
Govt. Degree College,
Vailoo Larnoo.

Subject: Proposal for one (1) Month Certificate Course on Yoga.

Sir,

Kindly refer to the above cited subject. In this connection it is to submit that the World is ready to celebrate the 8th International Day of Yoga this year. The department of Physical Education & Sports has already made its preparations to celebrate the Day on 21st of June 2022. The department is further proposing to extend the Yoga programme up to 21st July in the form of certificate programme for students

It is therefore requested to your good self to allow the department to conduct one month certificate programme on Yoga.

Yours Faithfully,

Rasool Ahmad Bhat
Principal
Govt. Degree College
Vailoo Larnoo, Kashmir
Physical Training Instructor

Allowed as per proposal
18/6
Principal
Govt. Degree College
Vailoo Larnoo, Kashmir



Office of the Principal
Government Degree College

Vailoo Larnoo Anantnag

Email: gdclarnoo@gmail.com



List of Students Enrolled for One month Certificate Programme on YOGA from 21st June to 21st July 2022) organized by Department of Physical Education GDC Vailoo Larnoo.

S.No	Name of the Student	Semester	Roll No
1.	Shakir Ahmad Khari	4 th	2027003
2.	Nigeen Fatima	3 rd	2107005
3.	Umar Hassan Padder	4 th	2004002
4.	Roohi Jan	3 rd	2108005
5.	Irfan Ahmad Raina	4 th	2032001
6.	Quratul -Ain	3 rd	2108006
7.	Faisal Maqbool Malik	4 th	2028001
8.	Gowher Ahmad Bhat	4 th	2021001
9.	Shafqat Hussain Khanday	4 th	2027001
10.	Shokey Jan	3 rd	2107019
11.	Shafia Yousuf	3 rd	2107011
12.	Mohammad Aqib Lone	3 rd	2104006
13.	Mohammad Asif Khatana	3 rd	2104004
14.	Owais Ahmad Padder	3 rd	2101001
15.	Muntazir Nazir	3 rd	2104005
16.	Mousima Akhter	4 th	2034001
17.	Shahid Muzaffar	3 rd	2113001
18.	Sumy Jan	4 th	2011005
19.	Humaira Jan	4 th	2006005
20.	Mohd Suhaib Malik	4 th	2019001

Gyedlovix
PRINCIPAL
Govt. Degree College
Vailoo Larnoo, Kashmir

Coordinator
Roaf
Dr Roaf Ahmad Bhat (PTI)



Attendance Sheet One Month Certificate Programme on Yoga (22/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatimah
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan Padder
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Ramantam
6	Mohd. Subaih malik	4 th	2019001	Subaih
7	Quratulcain	3 rd	2108006	A
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher.Ah. Bhat
10	Shafqat Hussain Khanday	4 th	20227001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Vaidoo Larnoo

Attendance Sheet One Month Certificate Programme on Yoga (23/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Ramantam
6	Mohd. Subaih malik	4 th	2019001	Subaih malik
7	Quratulain	3 rd	2108006	A
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher.Ah.Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humtrah Jan	4 th	2006005	Humtrah Jan

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Maitoo Linnoo, Khasmapur

Attendance Sheet One Month Certificate Programme on Yoga (24/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad Raina
6	Mohd. Subaib malik	4 th	2019001	Mohd. Subaib malik
7	Quratulcain	3 rd	2108006	Quratulcain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ah. Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	Shafia Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Attendance Sheet One Month Certificate Programme on Yoga (25/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad Raina
6	Mohd. Suhail malik	4 th	2019001	Mohd. Suhail malik
7	Quratulain	3 rd	2108006	Quratulain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool Malik
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad Bhat
10	Shafiqat Hussain Khanday	4 th	2027001	Shafiqat Hussain Khanday
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	Shafia Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Vallab Laloo, Kashmir

Attendance Sheet One Month Certificate Programme on Yoga (27/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan Padder
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad Raina
6	Mohd. Subaib maik	4 th	2019001	Mohd. Subaib maik
7	Quratulain	3 rd	2108006	Quratulain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool Malik
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat Hussain Khanday
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafa Yousuf	3 rd	2105001	Shafa Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Vaidoo Laxmoo, Kashtan

Attendance Sheet One Month Certificate Programme on Yoga (28/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Raviratham
6	Mohd. Suhail maik	4 th	2019001	Subair
7	Quratulain	3 rd	2108006	A
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher. Ah. Bhat
10	Shafiq Hussain Khanday	4 th	2027001	Shafiq
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	Shafia Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Vaidoo Larnoo, Kashmir

Attendance Sheet One Month Certificate Programme on Yoga (29/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Ramwarham
6	Mohd. Suhail malik	4 th	2019001	Suhail
7	Quratulain	3 rd	2108006	Quratulain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher.Ah.Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	AAsif
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	A
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Summy Jan	4 th	2011005	Summy Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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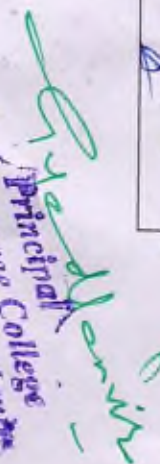
Attendance Sheet One Month Certificate Programme on Yoga (30/06/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Ramwattan
6	Mohd. Suhairb malik	4 th	2019001	Suhairb
7	Quratulain	3 rd	2108006	A
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher. Ah. Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Govt. Degree College
Vaidoo Larnoo, Kashmir

Attendance Sheet One Month Certificate Programme on Yoga (02/07/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Irfan
6	Mohd. Subaib malik	4 th	2019001	Subaib
7	Quratulain	3 rd	2108006	A
8	Faisal Magbool Malik	4 th	2028001	Faisal Magbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad
14	Mohammad Asif Khatana	3 rd	2104004	Asif
15	Owais Ahmad Padder	3 rd	2101001	Owais
16	Muntazir Nazir	3 rd	2104005	Muntazir
17	Mousima Akhter	4 th	2034001	A
18	Shahid Muzaaffar	3 rd	2113001	Shahid
19	Sunny Jan	4 th	2011005	Sunny
20	Humirah Jan	4 th	2006005	Humirah


 Principal
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Attendance Sheet One Month Certificate Programme on Yoga (04/07/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad Raina
6	Mohd. Subait malik	4 th	2019001	Mohd. Subait malik
7	Quratulcain	3 rd	2108006	Quratulcain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool Malik
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat Hussain Khanday
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	Shafia Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Wazirpur, Jammu

Attendance Sheet One Month Certificate Programme on Yoga (09/07/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	Roohi
5	Irfan Ahmad Raina	4 th	2032001	Irfan
6	Mohd. Suhair malik	4 th	2019001	Mohd. Suhair
7	Quratulcain	3 rd	2108006	Quratulcain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Malik
9	Gowher Ahmad Bhat	4 th	2021001	Gowher
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey
12	Shafia Yousuf	3 rd	2105001	Shafia
13	Mohammad Aaqib lone	3 rd	2104006	Aaqib
14	Mohammad Asif Khatana	3 rd	2104004	Asif
15	Owais Ahmad Padder	3 rd	2101001	Owais
16	Muntazir Nazir	3 rd	2104005	Muntazir
17	Mousima Akhter	4 th	2034001	Mousima
18	Shahid Muzaffar	3 rd	2113001	Shahid
19	Sunny Jan	4 th	2011005	Sunny
20	Humirah Jan	4 th	2006005	Humirah

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Attendance Sheet One Month Certificate Programme on Yoga (12/07/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen Fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir Ahmad Khari
3	Umar Hassan Padder	4 th	2004002	Umar Hassan Padder
4	Roohi Jan	3 rd	2108005	Roohi Jan
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad Raina
6	Mohd. Subaib malik	4 th	2019001	Mohd. Subaib malik
7	Quratulcain	3 rd	2108006	Quratulcain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool Malik
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad Bhat
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat Hussain Khanday
11	Shokey Jan	3 rd	2107019	Shokey Jan
12	Shafia Yousuf	3 rd	2105001	Shafia Yousuf
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib lone
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif Khatana
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad Padder
16	Muntazir Nazir	3 rd	2104005	Muntazir Nazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sunny Jan	4 th	2011005	Sunny Jan
20	Humirah Jan	4 th	2006005	Humirah Jan

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Attendance Sheet One Month Certificate Programme on Yoga (21/07/2022)

S.No	Name	Semester	Roll No	Signature
1.	Nigeen Fatima	3 rd	2107005	Nigeen fatima
2	Shakir Ahmad Khari	4 th	2027003	Shakir
3	Umar Hassan Padder	4 th	2004002	Umar Hassan
4	Roohi Jan	3 rd	2108005	A
5	Irfan Ahmad Raina	4 th	2032001	Irfan Ahmad
6	Mohd. Suhaib malik	4 th	2019001	Suhaib
7	Quratulain	3 rd	2108006	Quratulain
8	Faisal Maqbool Malik	4 th	2028001	Faisal Maqbool
9	Gowher Ahmad Bhat	4 th	2021001	Gowher Ahmad
10	Shafqat Hussain Khanday	4 th	2027001	Shafqat
11	Shokey Jan	3 rd	2107019	Shokey
12	Shafia Yousuf	3 rd	2105001	SHAFIA YOUSUF
13	Mohammad Aaqib lone	3 rd	2104006	Mohammad Aaqib
14	Mohammad Asif Khatana	3 rd	2104004	Mohammad Asif
15	Owais Ahmad Padder	3 rd	2101001	Owais Ahmad
16	Muntazir Nazir	3 rd	2104005	Muntazir
17	Mousima Akhter	4 th	2034001	Mousima Akhter
18	Shahid Muzaffar	3 rd	2113001	Shahid Muzaffar
19	Sumy Jan	4 th	2011005	Sumy Jan
20	Humirah Jan	4 th	2006005	Humirah Jan


Principal
Govt. Degree College
Vailoo Larnoo, Kashmir

Department of Physical Education & Sports
Govt. Degree College Vailoo Larnoo



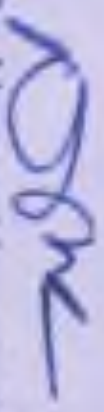
CERTIFICATE
OF COMPLETION




Presented To

Migreen Fatimach

For his/her participation in Yoga Certificate program held from
21st June, 2022 to 21st July, 2022


Dr. Naseer Hussain Shah
Principal




Dr. Raof Ahmad Bahit
HOD

Certificate No. GDCVL Sports/22/01

Department of Physical Education & Sports
Govt. Degree College Vailoo Larnoo



CERTIFICATE
OF COMPLETION

Presented To

Migreen Fatimach

For his/her participation in Yoga Certificate program held from
21st June, 2022 to 21st July, 2022



Dr. Naseer Hussain Shah
Principal

Dr. Raof Ahmad Bahit
HOD